

# HEAD SHOULDERS knees & toes and everything in between

## An evidence based approach to Sports Medicine

Join local, regional, and nationally renowned speakers in discussing some of the most pressing topics in Orthopaedics, Neurology, and Sports Medicine.

This course is designed to implement up to date guidelines for the diagnosis and management of sports injuries while relaying the importance of communication for the safe return to play for athletes. Our target audience is any health care provider serving patients with sport related injuries.

### FEATURING SPEAKERS FROM

- Michigan Medicine
- Detroit Tigers
- New York Mets
- Nashville Predators
- Pittsburgh Penguins
- Toronto Maple Leafs
- St. Louis Blues
- Detroit Lions
- Indianapolis Colts
- Minnesota Vikings
- Pittsburgh Steelers
- Washington Wizards
- University of Michigan
- USA Soccer
- FIFA
- US Figure Skating
- NFL, NCAA, & more...

### THURSDAY MAY 31

- 8:00-8:15 a.m. **Opening Remarks**  
Rick Bancroft
- 8:15-8:35 a.m. **Thrower's Shoulder**  
Dr. Michael Freehill
- 8:35-8:55 a.m. **The Athlete's Scapula**  
Dr. Jed Kuhn
- 8:55-9:15 a.m. **Thrower's Elbow**  
Dr. David Altchek
- 9:15-9:45 a.m. **Go, No Go**  
Freehill/Kuhn/Altchek (Bedi)
- 9:45-10:00 a.m. **BREAK**
- 10:00-10:30 a.m. **Health & Wellness, NCAA**  
Dr. Brian Hainline
- 10:30-11:00 a.m. **Concussion Management, NHL**  
Dr. Noah Forman/Paul Ayotte ATC
- 11:00-11:30 a.m. **Health & Wellness, NFL**  
Dr. Allen Sills
- 11:30-12:00 p.m. **LUNCH**
- 12:00-12:45 p.m. **Health & Wellness, NFLPA**  
Dr. Thom Mayer
- 12:45-1:15 p.m. **Soccer Injury Management**  
Dr. Bert Mandelbaum
- 1:15-1:45 p.m. **Soccer Rehab Management**  
Holly Silvers, P.T.
- 1:45-2:00 p.m. **BREAK**
- 2:00-2:20 p.m. **Meniscus Injury Management**  
Dr. Bruce Miller
- 2:20-2:50 p.m. **Unstable Knee**  
Dr. James Bradley
- 2:50-3:10 p.m. **Patella Femoral Issues**  
Dr. Wiemi Duogouih
- 3:10-3:45 p.m. **Go, No Go**  
Miller/Bradley/Duogouih (Anderson)
- 3:45-4:00 p.m. **BREAK**
- 4:00-4:30 p.m. **Biologics in Sports Medicine**  
Dr. Tariq Awan
- 4:30-5:00 p.m. **ECG**  
Dr. Eugene Chung

### FRIDAY JUNE 1

- 8:00-8:15 a.m. **Opening Remarks**  
Rick Bancroft
- 8:15-8:35 a.m. **Hip FAI**  
Dr. Asheesh Bedi
- 8:35-8:55 a.m. **Hypermobility Hip**  
Dr. Chris Larson
- 8:55-9:15 a.m. **Hip Rehabilitation**  
Kristen Schuyten, P.T.
- 9:15-9:45 a.m. **Sports Hernia**  
Dr. Michael Brunt
- 9:45-10:00 a.m. **BREAK**
- 10:00-10:20 a.m. **Foot/Ankle Tendinous Issues**  
Dr. James Holmes
- 10:20-10:40 a.m. **Ankle Instability**  
Dr. Chris Coetzee
- 10:40-11:00 a.m. **Foot Fracture Management**  
Dr. David Porter
- 11:00-11:30 a.m. **Go, No Go**  
Holmes/Coetzee/Porter (Carpenter)
- 11:30-12:00 p.m. **LUNCH**
- 12:00-12:45 p.m. **Concussion Management**  
Dr. Michael Collins
- 12:45-1:15 p.m. **Lumbar Disc Management**  
Dr. Rakesh Patel
- 1:15-1:45 p.m. **Wrist/Hand**  
Dr. John Lien
- 1:45-2:00 p.m. **BREAK**
- 2:30-3:00 p.m. **Innominate Corrections**  
Dr. Miles Colwell
- 3:00-3:30 p.m. **Rib Dysfunctions**  
Dr. Andrea Aagesen

# MAY 31 - JUNE 1, 2018

JUNGE CENTER, MICHIGAN STADIUM

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This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Michigan Medical School and University of Michigan Athletics. The University of Michigan Medical School is accredited by the ACCME to provide continuing medical education for physicians.



The University of Michigan Medical School designates this live activity for a maximum of **14.25 AMA PRA Category 1 Credit(s)**™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

University of Michigan Athletics have applied for **14.25 EBP credits** through the NATA's BOC.



The University of Michigan Athletic Medicine (BOC AP#: P8320) is recognized by the Board of Certification, Inc. to provide continuing education to Athletic Trainers.

MedSport is an Approved MPTA Provider and this content would represent **14.25 contact hours**.